



Keeping our mob healthy

Why is deadly tucker important for bub after a burn?

Eating deadly tucker reduces the risk of infection and helps wounds and sores heal faster.

Why bub might not be hungry?

- · Tired from the medication
- · Feeling sick, sore or itching
- · In a different place with different food

Helping bub to eat and drink

- · Don't let bub fill up on drinks
- · Small amounts of deadly food during the day helps
- It helps bub if you eat healthy tucker too
- Praise bub for trying to eat well..."Deadly eating!"
- Give them healthy food like the foods below



Deadly protein foods:



Deadly energy foods:





Government of Western Australia Child and Adolescent Health Service

This document can be made available in alternative formats on request for a person with a disability.

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