

Dilating eye drops

Instructions for parents following eye drops to dilate (enlarge) the pupil

1. The doctor/nurse has put drops in your child's eye to enlarge the pupil (the large black part of the eye)
2. Usually the pupils appear large for a few hours, but sometimes they can be larger for a few days.
3. As more light enters the eye through the large pupil, your child may be sensitive to sunlight or bright lights. A hat and sunglasses are recommended for use when playing or going outdoors.
4. The eye drops temporarily affect your child's ability to focus their eyes. Your child may have blurred vision (eyesight) when looking at objects close to them and also possibly for things at distances.
5. Your child may be at risk of harming themselves (bumping into things) and will require supervision for the remainder of the day.
6. No riding of bicycles, scooters, skateboards or climbing until the next day.
7. Even if the pupils still appear to be large your child may attend school the next day.

This document can be made available in alternative formats on request for a person with a disability.

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