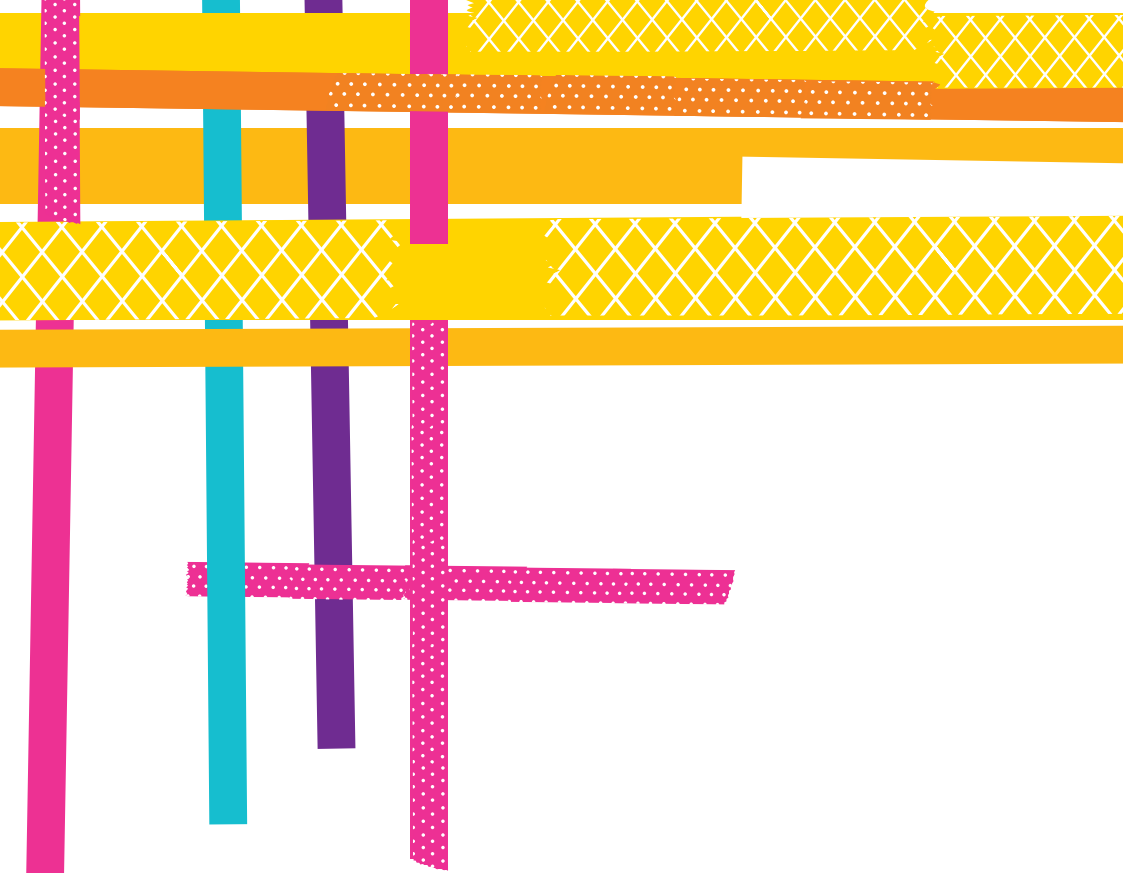




washi tape treasure box

create a memory box
and a framed artwork!



This project is brought to you by the Perth Children's Hospital Arts Program to positively influence our patients health and wellbeing.

Funded by Perth Children's Hospital Foundation as part of the Arts and Health program at the Child and Adolescent Health Service

● www.pchf.org.au

The project was delivered in partnership with the School of Special Educational Needs: Medical and Mental Health and their teaching staff who support the program

● szenmmh.wa.edu.au

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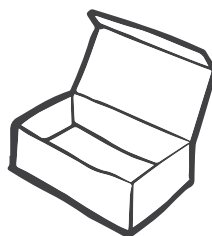
washi tape treasure box

Use Washi tape, marker pens and sticky dots to create a keepsake memory box, framed artwork, origami building and a Mandala.

Here's what you'll need to get started on your project:

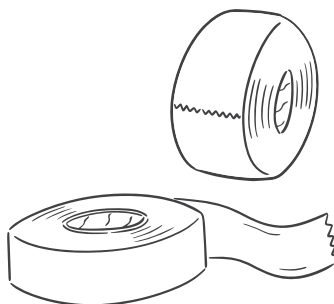
WASHI TAPE TREASURE BOX CONTENTS

- 1 x instruction booklet
- 10 x rolls of Washi tape
- 4 x pieces of card
- 1 x strip double-sided tape to stick your artwork to the frame
- 1 x A5 mount board to frame your finished artwork
- 1 x box of coloured marker pens
- strips of coloured sticky dots
- square sheets of origami paper



OPTIONAL EXTRAS

- 1 x scissors
- 1 x ruler



REMEMBER!

Look on the website at pch.health.wa.gov.au/artsprogram or click the QR code for extra resources and inspiration!



Email a photo of your finished your creation to email@health.wa.gov.au to display on our website.



planning your treasure box

What is Washi tape?

Washi tape is paper masking tape, similar to what is used for house painting. It is a colourful and decorative craft tape that was created by the Japanese MT company in 2006.

Washi tape can be cut, torn, repositioned, layered, written on, woven, and placed on a wide range of surfaces including paper, objects and walls.

Create your own keepsake or memory box.

A keepsake or memory box is a container that stores special things, treasures or mementos belonging to you. These objects often relate to a special time, event or person and could include photos, ornaments, letters, medals etc.

Ask yourself...

- What kind of things are special that I want to place in there to keep?
- What is precious to me?
- What do I want to keep?
- Why are these objects so special?
- What memories do they hold?
- Why do objects hold meaning?



let's think about...

Before you start, get your ideas flowing by thinking about these...



COMPOSITION

The parts of the artwork and how you put it together.

COLOUR

Use a range of similar or contrasting colours. Start with a maximum of three and then add more if you feel like it.

PATTERN

Using the marker pen you can draw patterns onto your coloured washi tape. Get inspiration on designs here: [craftsy.com/post/easy-patterns-to-draw](https://www.craftsy.com/post/easy-patterns-to-draw)


Arrangement of the washi tape can create shapes and repeated designs like zig zags, diagonals, straight lines and criss-crosses.

PAPER SIZE

How big the paper is and how much space you have to fill. Decide whether your paper/card is going to be portrait or landscape. Remember, your frame will overlap about 1cm over your artwork when it is finished.




WITH THE WASHI TAPE YOU CAN:

- **Cut** along the length or in long or small bits.
 - **Tear**: hold tight and rip.
 - **Scrunch**: grab a small piece and push together into a ball.
 - **Draw on**: with pencil or marker pen.
 - **Layer**: Washi tape is slightly see-through so can be overlapped or layered.
- 




now start making!

Select the Washi you would like to use.


- Start with a maximum of **three colours**.
 - **Stick** Washi tape onto your card until it is filled with your own special pattern or design.
 - Try to make your tape go all the way over the edge of the cardboard. Keep the tape flat and stick to the surface you are leaning on [this can be neaten up at the end].
 - Once you are happy with your design and you are finished, **trim the edges** with scissors to match the edge of the card.
- 

Frame your pattern.

- Choose the white or black side of the frame.
 - Place double-sided tape on the back of the frame. Remember to leave some tape to stick the frame to the box!
 - Peel the rest of the double-sided tape off and stick your Washi artwork on the back of the frame.
 - Use the extra double-sided tape to stick the framed artwork on the lid of your art kit box.
- 



You may want to stick the artwork on the box last after you have decorated the whole box

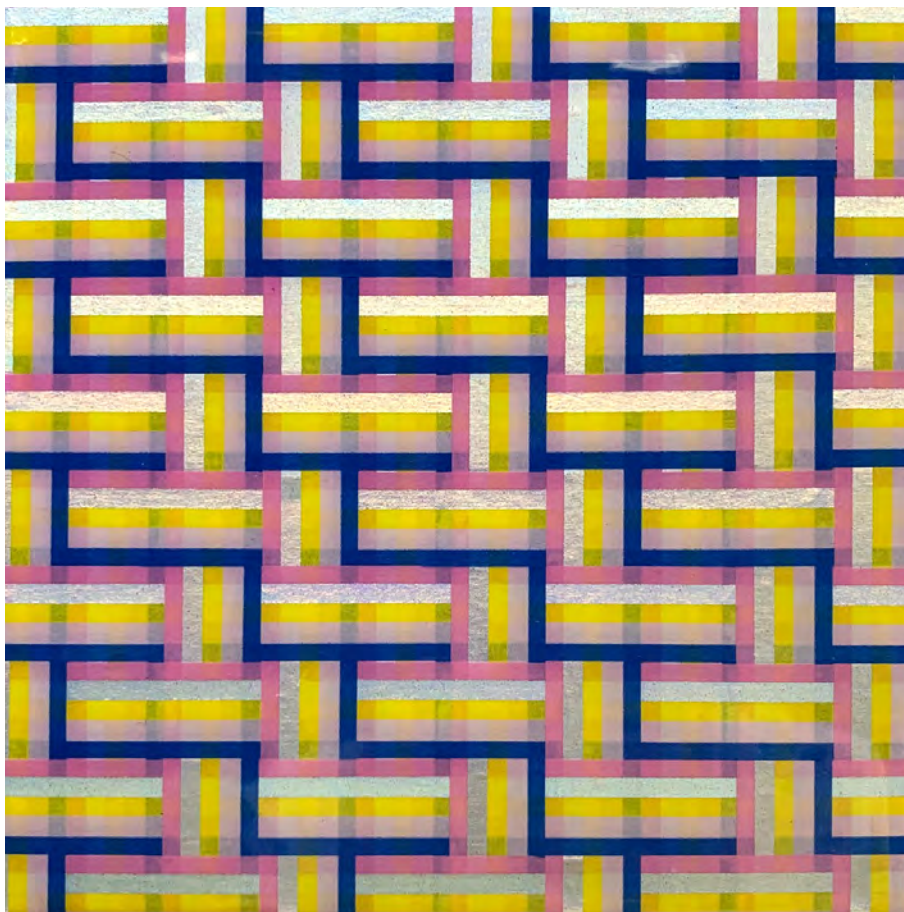




Washi Tape Artwork
by Maxxi Minaxi May

attern or sticky dot mandala

Make your own wash: tape paper



Washi Tape Artwork

by Maxxi Minaxi May



a memory box for your treasures!

Start collecting your own treasures and keepsakes and place these objects in your special decorated box.

Hold the object in your hand and think about why it is special and what memories it holds for you. **Feel, look, listen.** Use as many senses as you can. You may want to close your eyes.

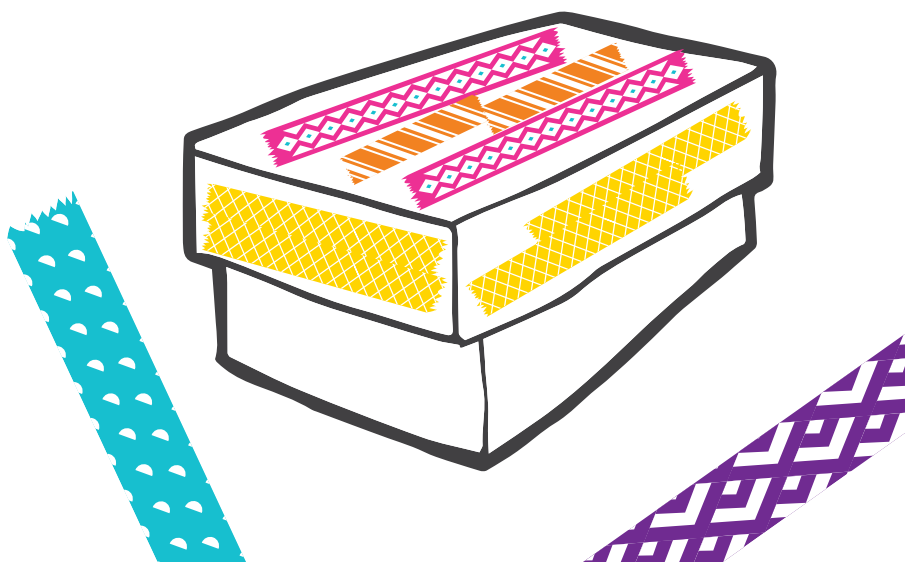
What memory does this object hold?

Write down as much as you feel about this object. You may want to write a poem or a Haiku. Keep the writing in the box if you want to, so when you look inside you recall or remember why you put the object there.

Now you have your very own container for special things!

Using the extra sheets of card and Washi tape, you might like to make a gift for someone.

TREASURE BOX



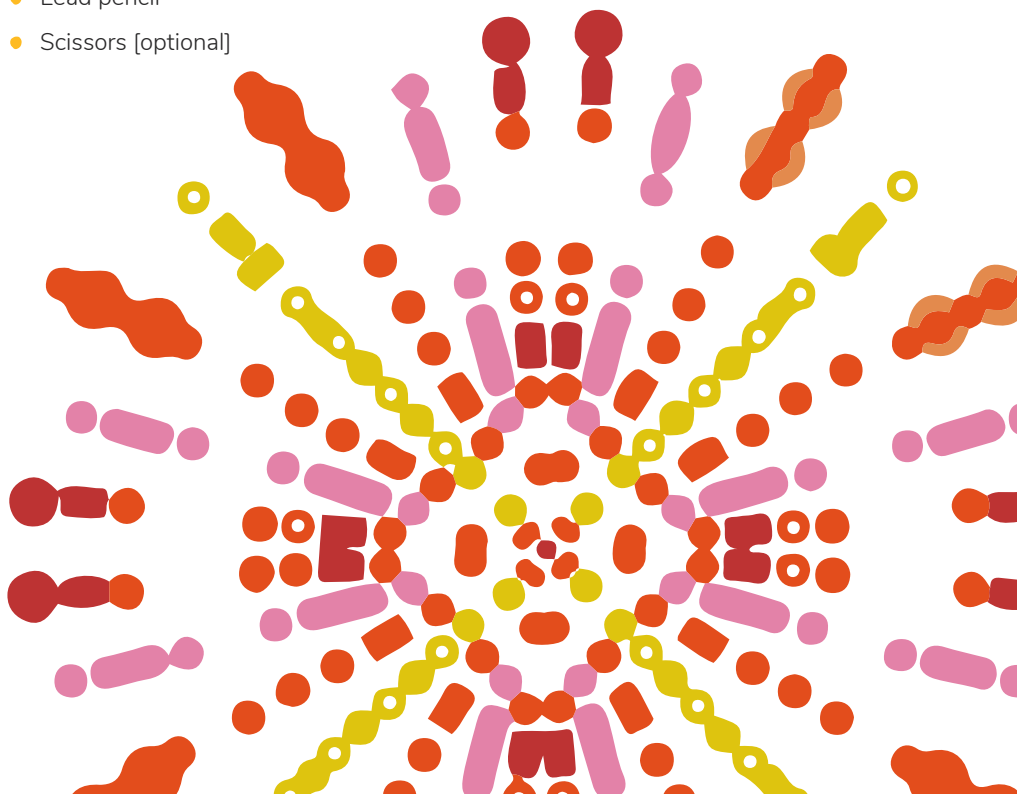
make a sticky dot mandala

Mandalas are simple, symmetrical, geometric visual designs or patterns, originating from Asia.

They are often circles arranged within a square with a central starting point. Mandalas are used in specific religious and spiritual practices, such as the Buddhist Tibetan sand mandalas.

YOU WILL NEED

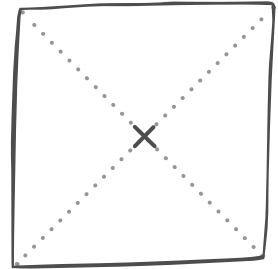
- A sheet of card or paper
- Dot stickers
- Ruler
- Lead pencil
- Scissors [optional]



Use the dot stickers to make an image that starts from a centre.

TO FIND THE CENTRE OF THE PAGE

- Place your ruler diagonally from one corner to the opposite corner. If you do not have a ruler, you can use something else straight or fold and put a small crease.
- Draw a small, light line in the centre area.
- Do the same with the other two corners.
- Where the two lines intersect is the center of the paper.

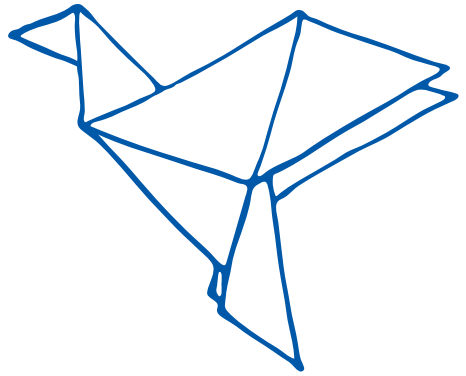


Start your Mandala

- Place a dot sticker over the cross in the centre of the page.
- Now create whatever pattern you want, starting from the centre.
- With the dot stickers you may want to:
 - ~ Overlap edges
 - ~ Cut in halves or quarters before sticking
 - ~ Use small and large stickers and layer them
 - ~ Spiral out from the centre
 - ~ Draw shapes around the central dot like a target or lines radiating out
- Once you have stuck as many dots as you want to, your image is finished.
- You might want to call your Mandala something eg. 'Mandala for Happy Times'.



origami buildings



Origami originates from Japan.

It's the art of paper folding, whereby a flat piece of paper is transformed into a three-dimensional sculpture eg. a bird.

YOU WILL NEED

- A sheet of A4 or A5 card or paper
- Washi tape
- Scissors
- White glue, sticky tape, stapler or paper clips
- Marker pens [optional]

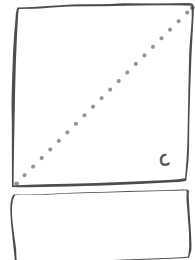
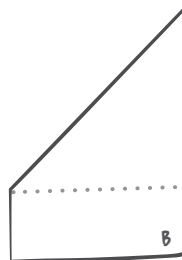
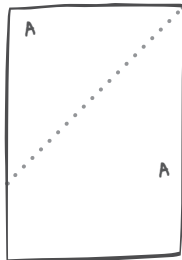
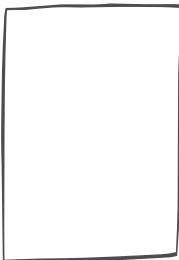


Use the extra washi tape to pretend you are an architect and make a simple building.

It could be a school, house, shop, garage or whatever you would like it to be.

TURN A RECTANGLE INTO A SQUARE

- Take a sheet of rectangular paper and fold it until the sides meet [A].
- Use the edge as a guide to cut off the lower rectangle [B].
- Unfold the triangle and you will see a square with a diagonal crease in it. [C] You can save the excess paper for another project eg. bookmark.



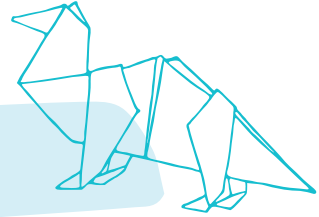


Make your origami building

- Cover one side of the square paper/card with Washi tape.
- Create whatever design you like. You can use marker pens to decorate more.
- Once finished, you can add a layer of white glue to coat and protect your tape work.



Once the glue has dried, find out how to make your patterned paper/card into a building in this video: youtu.be/G02mAh6tu00



- Use washi tape, sticky tape, staples or paper clips to join together.
- If you want to, you could make a few and chain them together.

