PROTOCOL

Clients of Concern management

Scope (Staff):	Community health
Scope (Area):	Child and Adolescent Community Health (CACH), WA Country Health Service (WACHS)

Child Safe Organisation Statement of Commitment

CAHS and WACHS commit to being child safe organisations by applying the National Principles for Child Safe Organisations. This is a commitment to a strong culture supported by robust policies and procedures to reduce the likelihood of harm to children and young people.

This document should be read in conjunction with this disclaimer

Aim

To describe the operational processes required to identify and support families with complex needs when there are concerns for child health, wellbeing and/or safety.

Risk

Failing to identify or to act on concerns for a child may result in lost opportunities to interrupt a trajectory towards poorer health, development, and safety and wellbeing outcomes. In some cases, it may result in serious harm to or the death of a child.

Background

In Western Australian, community health services are based on a platform of universal services for all, with a focus on children and young people, providing more support for those who need it most. Three levels of services are available, including Universal, Universal Plus, and Partnerships. Children and families with additional needs are identified and offered an appropriate level of service.^{1,2}

Parents and family environments are highly influential in shaping the experiences and development of infants, children, and adolescents.^{3,4,5,6} The quality of these experiences have lasting impacts on children's lives. Community health nurses can help families to build sensitive and responsive parenting capacity, and to create home environments that support children to grow and flourish.³

Nurses play highly important roles in creating trusting relationships with families and supporting parents to optimise child health and development, including families with complex needs. This support can help to break the circuit of adversity and to disrupt a child's trajectory towards poor life outcomes.³

Parents experiencing significant health issues such as mental ill-health, intimate partner violence, or alcohol or drug addiction are likely to require referral and support to address their own health issues, as well as interventions to build parenting capacity. Families experiencing poverty and disadvantage are likely to need referrals to social services to access basic resources such as safe housing, food, and financial support.

The WA Sustainable Health Review recognised that children at risk and their families are often frequent users of government, community, and social services. A priority action in Recommendation 8 relates to agency collaboration to support children and families, including with Department of Education, Department of Communities, and others.⁸

Community health nurses have statutory, legal, and professional responsibilities to act when they suspect a child under the age of 18 years is the subject of or at risk of child abuse. These responsibilities are outlined in *Guidelines for Protecting Children 2020*.

In select metropolitan areas, some CACH nurses participate in the <u>Hospital Safety Net Meeting process</u> when a CACH client under the age of two presents to an emergency department with any form of physical injury, immersion or ingestion. These hospital-led meetings are held regularly to promote cross-agency, multidisciplinary collaboration and ensure coordinated, holistic care for clients. Clinical Nurse Specialists (CNS), Clinical Nurse Managers (CNM) and/or Clinical Nurses (CN) attend these meetings to provide insights from a CACH perspective and to support the implementation of follow-up plans that promote the child's ongoing health, safety and development.

Definitions

Child	Anyone under the age of 18 years.		
Client of Concern	A child for whom a deterioration of health, wellbeing or safety is identified, or a risk of deterioration is identified.		
Child abuse	All forms of physical and/or emotional ill-treatment, sexual abuse, neglect, or negligent treatment or commercial or other exploitation, resulting in actual or potential harm to the child's health, survival, development, or dignity in the context of a relationship of responsibility, trust, or power.		
Parent	In relation to a child, means a person (parent or primary caregiver) who has parental responsibility for that child.		
Universal services	Universal services include a schedule of community health nurse contacts and assessments offered for all children and families.		
Universal Plus services	Universal Plus services offer additional and flexible contacts providing support to help families manage or resolve a particular concern or issue. Additional contacts provide opportunities for ongoing monitoring, minimising risk factors for children and building protective factors and resilience in families.		

Partnership services	Partnership services are for children and families who require help to manage or resolve increasingly complex physical, developmental, psychosocial, behavioural and health concerns, which may be complicated by socioeconomic, social, and environmental factors. In addition, there is a level
	of risk for children, if concerns are not addressed.

Principles

- Care is centred on the child and their current, emerging, and future needs.
- Staff work in partnership with families, acknowledging and building on child and family strengths.
- Services are provided flexibly and are responsive to family circumstances.
- Teams are integrated, using strong communication processes to oversee and optimise the care of children at risk.
- Collaborations are developed with external agencies so that children and their families can be linked to appropriate community services.
- Service planning and delivery is culturally secure, ensuring the rights, views, values, and expectations of Aboriginal people and those of other cultures, are recognised and respected.
- Staff use sensitive client-focused ways of working, mindful of the possible impacts of trauma experienced by children and families.
- All nurses will refer to the <u>Nursing and Midwifery Board AHPRA Decision-making framework</u> in relation to scope of practice and delegation of care to ensure that decision-making is consistent, safe, person-centred and evidence based.

Procedure

Steps	Additional Information		
Identify health and development concerns	Assessment of risk level will include professional judgement about:		
 Follow processes described in the relevant policy documents. Obtain a current history from the parent. Consider family protective and risk factors (refer to the <u>Indicators of Need)</u>. 	 health background, current or recent presentations reason for contact family circumstances and factors impacting on child health and development existence of a Flag/Alert on client record. 		

Steps **Additional Information** 2. Wellbeing or safety concern identified Use Guidelines for Protecting See CDIS Clients of Concern and Flag -Children 2020 to assist in Risk Factors Tipsheets. recognising, responding, recording, and reporting concerns, to ensure • CACH: In select metropolitan areas, the best interests, safety and wellbeing or safety concerns may be identified through a Hospital Safety Net wellbeing of the child are prioritised. Meeting process. See Appendix A for For school-aged children, more information. communications are to involve the CACH: If concerns relate to family school principal or delegate. wellbeing and safety, siblings are to be Include child on the Clients of linked on CDIS and added to the Clients Concern list if a deterioration of of Concern List. child health, wellbeing or safety is See Child Health CDIS Guide identified, or there is a risk of Manual (Page 95-96) deterioration. CofC CDIS tipsheet CACH: Complete CNP when adding to Clients of Concern List WACHS: See WACHS Child At Risk under the heading - Clients of **Alert Procedure** Concern - Listed for. A Child at Risk (CAR) alert is to be activated/updated for the child and Provide rationale for adding to tool. their siblings. If a belief is formed that the child has been harmed or is likely to be harmed, a formal report to the Department of Communities is required as soon as possible. See Step 8 for more detail.

3. Plan care to support child's needs

- Build capacity with parents to provide responsive parenting that enhances parent-child relationships.
- If concerned about a client's wellbeing it is important to have transparent conversations with the parent about these concerns.
- Note: It may be necessary to offer to book client with GP/ED review while they are in clinic.
- Care planning occurring in all contacts should be developed in partnership with the parent and must be documented fully in the client record. This may include suggested resources and services, a plan to make a follow-up phone call with the parent to check if they have called their GP or a recommended community service, and/or an appointment time for review or referral.
- Offer additional contacts as required to address child health and development concerns.
- Consider the potential impact on child(ren) of any identified concerns. Discuss possible need for Partnership (CACH) referral with CNM/CNS.
- Refer to other health and social services to link parent and family to supports as required.
 - Provide parent with a copy of the <u>Clinical Handover/Referral</u> <u>from Community Health</u> <u>Services</u> (CHS663).
- If concerns are identified, a My Care Plan (CHS825) form is also

Additional Information

- Use an empathetic, family-centered approach to discuss care planning and to collaboratively explore whether additional supports are needed. This helps to ensure a shared understanding of concerns and care planning.
- Care planning may be informed by other health or agency partners involved in providing support for the family.
- Staff are to deliver services within their scope of practice and must seek support and/or referral when clients require support that is outside the nurse's scope of practice.
- Where some aspects of care (e.g. conducting a weekly weight check) are delegated to other staff members, clarify who is responsible for each aspect of client's care.
- Document full details of all actions, who has responsibility for individual aspects, and who is responsible for the overarching care and communication with the family.
- Seek support for care planning and timeframes for follow-up from line manager, CNS, social worker (WACHS only) or delegated senior, as required.
- Document all communications with line manager, colleagues, or other services.
- Where possible, offer flexible modes of service delivery to meet the needs of each family and support engagement.
- In WACHS, Clients of Concern (under 5 years of age) are to be offered the Enhanced Child Health Schedule.
- Give one copy of My Care Plan (CHS825) to parent and retain a paper in

completed together with parent. This will be reviewed at a Universal Plus contact.

The My Care Plan (CHS825) will outline (where relevant):

- sensitively worded summary of the concern
- strategies/plan for the parent/family and nurse to implement
- date, time and location of review appointments and phone calls
- advice for parent to visit Community health nurse or GP at any point if feeling overwhelmed or unable to cope.
- Resources (including services and groups) for additional support and/or further information
- Referral services, with contact details included
 - Identified emergency support people, and details of mental health supports, including <u>24 Hr</u> <u>Mental Health Emergency</u> <u>Response Line and Crisis Care</u> helpline
 - When to seek further care or escalate concern, if required.
- Promptly inform line manager or CNS of any significant changes or concerns.

Additional Information

client record (CACH). Scan a copy to CDIS (CACH).

 Refer adult to family and domestic violence services if required. See <u>Family</u> and <u>domestic violence</u>.

4. Follow-up or review of concerns

Follow-up/review occurs at a Universal Plus appointment or phone call.

- Review progress from the previously agreed actions and timeframes in My Care Plan (CHS825).
- Work with the family as per agreed plan and timeframes.
- Remain alert to any changes in risk status and the need to take additional action.
- If unable to contact a parent for a planned follow-up phone call, discuss

- If an identified concern has not improved, discuss the care planning with line manager or CNS.
- Use clinical judgement to determine if a further Universal Plus appointment is required.
- Update My Care Plan (CHS825) as needed.

Additional Information

- with line manager to ensure the client continues to receive care.
- Note: Recognise that plans which are conditional on parent attending at the next appointment can lead to a delay in referrals if they do not attend. Care planning to include consideration of actions if client does not attend the planned follow-up review appointment or phone call.

5. Communications – Internal

- Use a Clients of Concern list to monitor engagement and continuity of care with community health services and the need for referral to and liaison with other agencies.
- Monthly meetings to be conducted for staff working with Clients of Concern.
- Nurses will present new and/or existing clients requiring discussion at monthly meetings. Not every Client of Concern may need to be discussed.
- Consider discussion in the following circumstances and significant events:
 - key transition points for child such as starting school or changing schools
 - clients known to be transferring between CACH, WACHS or AMS
 - clients known to be moving within CACH or WACHS
 - child overdue for child health contact or immunisation
 - referrals and recommended actions outstanding
 - child overdue for annual child in care review

- The aim of Clients of Concern meetings is to plan and review timely and appropriate care for children at risk and their families.
 - High priority children to be discussed at least monthly, as indicated by level of concern.
 - Other children at risk to be discussed as per circumstances.
- Clients of Concern meetings and communications are to be conducted as per local (CACH and WACHS) processes.
- Principles for conducting internal communication:
 - there is clear articulation and documentation in the client's record of care planning, including actions required by all staff
 - actions are timely, and escalated for children for whom there are imminent safety concerns
 - confidentiality and information sharing are managed appropriately
 - meetings are run effectively and efficiently.
- Risk alerts provide clinicians with point of care awareness that they are working

- other significant concerns as per clinical judgement.
- Ensure a CNM-to-CNM discussion takes place when a client is transferred from one region's Clients of Concern list to another's.
- Create or update a risk Flag/Alert if criteria are met for an alert.
- Clients may be removed from the Clients of Concern list when the nurse and line manager or CNS agree the identified risks have been resolved.

Additional Information

with a child at risk. Extra care and support are required by the clinician.

- WACHS WebPAS Child at Risk Alert
- o CACH CDIS Alert flag
- CACH: Complete CNP on CDIS under the heading - Clients of Concern -Removed from.

6. Communications - External

- Participation by managers (or designated others) in regular interagency meetings, such as Child at Risk or local Hospital Safety Net meetings), is strongly recommended.
- Use interagency meetings to exchange information about clients of concern and their service engagement across agencies.
- Share critical information between agencies to jointly plan and improve safety and wellbeing for those children who are at significance risk.
- WACHS staff are to refer to <u>Appendix B</u> to guide communications with schools in relation to clients of concern.
- Clinical handover is required when transferring care to other health providers.

- Families with complex needs often require support to negotiate and access one or more health or social services.
- Interagency meetings are important to support families with complex needs to access multiple services in a coordinated way.
- Interagency meetings enhance communication and better enable best use of resources across agencies.
- Include line manager/CNM and CNS in external emails.
- CACH Hospital Safety Net Meetings:
 - To view the Hospital Safety Net Meeting process for participating CACH nurses, see <u>Appendix A</u>.
- For clinical handover (internal or external):
 - CACH: refer to <u>Clinical Handover Nursing</u>.
 - WACHS: refer to <u>Child Health Clinical</u> <u>Handover for Vulnerable Children</u>.

Steps Additional Information 7. Escalations of concern for a child As a matter of priority, discuss The Child Protection Unit (PCH) and the escalations of concern and plan of Department of Communities local office action with a manager, CNS or can be consulted when assessing the delegated senior. level of concern. Safety risks requiring an immediate Consider completing the Child Wellbeing response are to be escalated Guide (CHS470), and store with client immediately. record. Follow the processes in *Guidelines* for Protecting Children 2020 when managing child abuse concerns. Inform the Department of Communities of escalating situations. See Guidelines for Protecting Children 2020 (page 51-52) Access debriefing and support for health staff as required. 8. Communications with Department of Communities The Child Protection Concern Referral form online portal is used to report: In all instances where a WA Health staff member has identified that a o physical abuse child may have been harmed or is at current risk of harm through child emotional abuse abuse, a report must be made to family and domestic violence the Department of Communities by neglect completing using the Child Protection Concern Referral form sexual abuse by non-mandatory online portal. reporters. Mandatory reports by nurses, Prior to submitting a Child Protection doctors and midwives of child Concern Referral form nurses can sexual abuse are made through the contact the Central Intake Team on 1800 dedicated portal. Mandatory 273 889 or local office number to discuss Reporting the client. (communities.wa.gov.au).

Health staff making reports can

expect some feedback from the

case worker, however feedback

may be limited by Department of

Completed forms such as the Child

Wellbeing Guide (CHS470), can be

Referral Form.

attached to the Child Protection Concern

Communities confidentiality requirements.

- WA Health staff should request acknowledgment of receipt when information is shared with Department of Communities staff.
- Ongoing communication between nurse or CNS and case worker will assist in coordination of care for the child who is the subject of a report.
- Regular local interagency meetings, including Department of Communities staff, are essential to support families' coordinated access to health or social services.
- In cases of unresolved concerns and disputes with Department of Communities. Refer to <u>Appendix C</u>.

Additional Information

- For school aged children, if a
 Department of Communities referral
 is made then relevant information
 must be shared with the school
 principal as per the Memorandum of
 Understanding.
- The best outcomes for children are based on open and transparent practices that facilitate a trusting relationship between nurse and parent.
- It is important to support families to maintain ongoing engagement with community health services.
- Staff are to use professional judgement about how or whether they will inform the family they are making a notification to the Department of Communities. Factors influencing this decision include possible (increased) risk of danger to the child, and risks to safety of staff and others.

9. Documentation

 Nurses maintain accurate, comprehensive and contemporaneous documentation of assessments, planning, decision making, actions and evaluations according to CACH and WACHS processes.

- Ensure timely completion of documentation of notes and referrals, and storage in CDIS (CAHS) or CHIS (WACHS) according to local processes.
- Documentation to include protective and risk factors, clinical presentation, physical screening and assessment results, psychosocial assessment, action taken, health education and resources provided, care planning including follow up and referral details, consultation with colleague/other agencies, and discussion of safety.
- CACH: Retain paper copy of new or revised <u>My Care Plan</u> (CHS825) in client record. Scan into CDIS.
- Use <u>Clinical Handover/Referral Form</u> (CHS663) for referrals to GP or other health services.

Steps	Additional Information		
	Add or update child to the clients of concern list (CACH)		
	CACH: If concerns relate to family wellbeing and safety, siblings are to be linked on CDIS and added to the Clients of Concern List.		
	 See <u>Child Health CDIS Guide</u> <u>Manual</u> (Page 95-96) 		
	 Add or update siblings linked to the client on the Client of Concern List. 		
	CACH - Hospital Safety Net Meeting documentation:		
	 CACH nurses participating in Hospital Safety Net Meetings are required to complete the <u>Hospital Safety Net</u> <u>Meeting Template for CDIS</u> (CHS435). 		
	 For more information, refer to <u>Appendix A</u>. 		
	Add or update WebPAS Child at Risk Alert (WACHS) or Flag (CACH) in electronic record.		

Training and development

Recommended training includes:

- Approved Family and Domestic Violence training.
- Approved training relating to working with clients who have experienced trauma.
- Training by the <u>CAHS Child Safeguarding Unit</u>.

Compliance monitoring

Failure to comply with this policy document may constitute a breach of the WA Health Code of Conduct (Code). The Code is part of the <u>Integrity Policy Framework</u> issued pursuant to section 26 of the <u>Health Services Act 2016</u> (WA) and is binding on all CACH and WACHS staff as per section 27 of the same act.

Compliance monitoring for Clients of Concern management includes:

- Line managers maintain regular oversight and monitoring of the Clients of Concern list.
- Senior Community Health officers review related clinical incidents.
- CNMs oversee annual health record/documentation audits.
- Line managers maintain oversight of mandatory and other training completed by staff.

References

- 1. CAHS Child health services policy
- 2. CAHS School-aged health services policy
- 3. Commissioner for Children and Young People WA. *Improving the Odds for WA's vulnerable children and young people.* April 2019
- 4. George P, Monks H & Cross, D. (2020). *The critical role of parenting in early childhood development.* CoLab Evidence Report, Perth Western Australia.
- 5. Centre for Community Child Health, (2018). Place-based collective impact: an Australian response to childhood vulnerability. Policy Brief Number 30. Murdoch Children's Research Institute/The Royal Children's Hospital Melbourne, Parkville, Victoria
- 6. Van Uzendoorn M, Bakermans-Kranenburg M, Coughlan B & Reijman S. Umbrella synthesis of meta-analyses on child maltreatment antecedents and interventions: differential susceptibility perspective on risk and resilience, *Journal of Child Psychology and Psychiatry, Annual Research Review.* October 2019
- 7. Hunter A & Flores G. Social determinants of health and child maltreatment: a systematic review. *Pediatric Research vol* 89, 269–274 (2021)
- 8. Sustainable Health Review (2019). Sustainable Health Review: Final Report to the Western Australian Government. Department of Health, Western Australia.
- 9. WA Country Health Service Mental Health and Wellbeing Strategy 2019-24. WACHS: Perth, Western Australia.

Related internal policies, procedures and guidelines

The following documents can be accessed in the CACH Clinical Nursing Manual: HealthPoint link or Internet link or for WACHS staff in the WACHS Policy link

Child health services

Children in Care – conducting an assessment

Children in Care – managing referrals for assessment

Clinical handover – nursing

Factors impacting on child health and development

Family and domestic violence – child and school health

Growth – downward trajectory

Partnership - child health service

School-aged health services

<u>Universal Plus – child health</u>

Universal Plus – school health

The following documents can be accessed in the CAHS Policy Manual

Child and Family Centred Care

Child Safeguarding and Protection

The following documents can be accessed in the WACHS Policy Manual

Child Health Clinical Handover of Vulnerable Children

Engagement

Enhanced Child Health Schedule

Identifying and Responding to Family and Domestic Violence

Neonatal Special Referrals to Child Health Services

WebPAS Child at Risk Alert

The following documents can be accessed in the <u>Department of Health Policy</u> <u>Frameworks</u>

Clinical Handover (MP 0095)

Consent to Treatment (MP 0175/22)

Related external legislation, policies, and guidelines

Children and Community Services Act 2004 – Section 124A

Guidelines for Responding to Family and Domestic Violence

Related internal resources (including related forms)

Guidelines for Protecting Children 2020

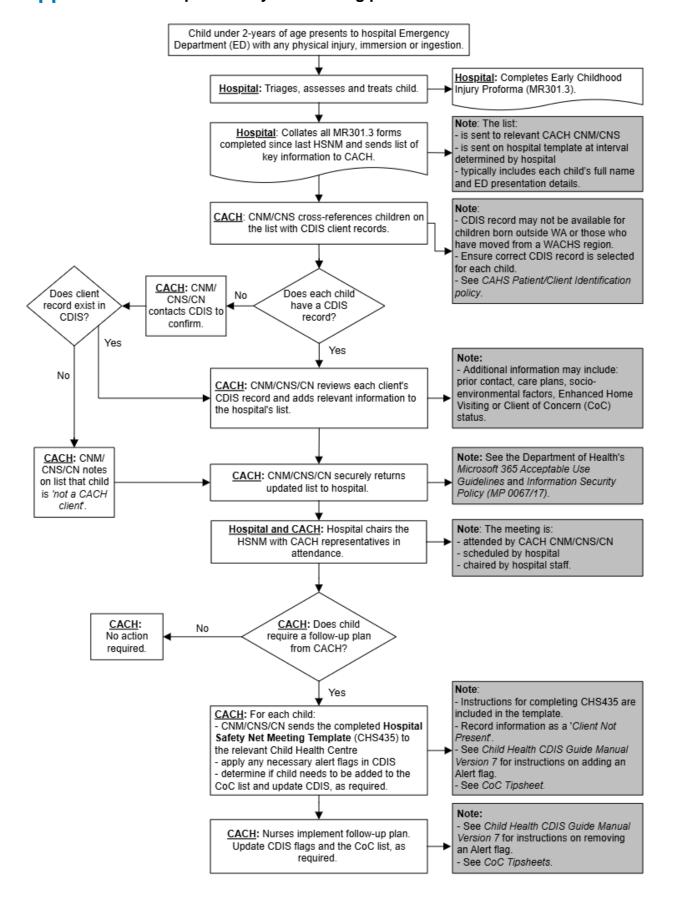
This document can be made available in alternative formats on request.

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Appendix A: Hospital Safety Net Meeting process flowchart - CACH ONLY



Appendix B: Communications with schools – WACHS staff ONLY

Sharing information about children of concern

- The school system has oversight of attendance, learning and wellbeing for each school-aged child.
- Sharing information with the school Principal about children of concern should be considered to support school's health care or risk management plan.
- It is recommended that community health nurses meet with the school principal (or delegated school student service staff) at least once per semester to discuss students/clients of concern and share information to support the school with oversight of attendance, learning and wellbeing for:
 - o children of concern who are newly enrolled at the school
 - o children of concern who have significant ongoing health service needs.
- Community health assessment, brief intervention, liaison and referral may be needed for individuals in response to observations by school staff.

Specific information to be shared

- Information to be shared relates to the ongoing health, development, learning and safety of an individual in the **school context**.
- Specific information to be shared with school staff may include:
 - o child's name, date of birth, address, parent/guardian name
 - siblings at the school
 - o nature of concern
 - issues that affect a child's regular attendance at school (e.g. significant health or development issues)
 - issues that affect child's safety while at school (e.g. behavioural or mental health concerns)
 - a child's family situation that impacts on the child's ability to regularly attend school
 - o concerns about child abuse
 - o agencies involved with the family.

Consent to share information about children of concern

- Seek to obtain consent from the parent/guardian to share information about a child, wherever possible.
- If consent cannot reasonably be obtained, or discussion with the parent could place a child at greater risk, the Chief Executive or delegated authority may authorise disclosure of confidential client information.
- Sharing information with the school principal or delegate, without parental consent is to be considered on a case-by-case basis.

- Sharing specific information with a school principal (or delegate) does not require
 parental consent where there is significant, imminent risk for a child who is
 experiencing child abuse or neglect, attempted suicide or suicide ideation, nonsuicidal self-harm, or bullying.
- In many cases children of concern may not necessarily be at imminent risk, however sharing specific information with school staff is deemed important for the ongoing health, development, learning and safety of an individual.
- Consent to share information about children of concern who are not necessarily at imminent risk can be authorised by the WACHS Chief Executive or delegated authority (Tier 6 or above).
- Regional managers and staff are to identify the local positions that are at Tier 6 or higher and that can authorise disclosure.

Appendix C: Unresolved concerns and dispute resolution with Department of Communities

- Health staff making reports, or subsequently sharing information, can expect feedback from the case worker. Feedback may be limited by Department of Communities confidentiality requirements.
- WA Health staff should request acknowledgment of receipt when information is shared with Department of Communities staff.
- If a nurse does not receive feedback or is not satisfied with the feedback, this needs to be addressed in the first instance at the local level by the line manager.
- Where a community health staff member has informed the Department of Communities of concerns about a child and believes the child remains at risk, this should be escalated following the processes outlined in the *Guidelines for Protecting Children 20*20.
- Where a dispute arises between community health staff and the Department of Communities, this will be resolved according to the processes outlined in the Guidelines for Protecting Children 2020 (see p.64-65).
- If the issue remains unresolved within the nominated timeframe, the nurse should raise the concern (in consultation with line manager) with the Department of Communities team leader of the local district office or the Central Intake team.
- If the issue remains unresolved the nurse will escalate to their line manager who will raise the issue with the local Department of Communities District Director.
- If the issue remains unresolved the line manager will follow the formal Communities complaints process and complete an online Complaint form.
- Line manager to keep the nurse informed.
- Senior management should also be advised that a formal complaint has been made, to determine if further escalation is required.
- At each step in the process, community health staff will document and date actions taken and inform their line manager and the relevant Coordinator of Nursing (CACH) or Population Health Director (WACHS).
- Wherever concerns are raised verbally, written confirmation should be forwarded to the person contacted as soon as practicable, and a copy retained in the client record.