



**CLINICAL GUIDELINE**

**General Movement Video and Assessment Guideline**

<b>Scope (Staff):</b>	Nursing and Medical Staff
<b>Scope (Area):</b>	NICU KEMH, NICU PCH, NETS WA

This document should be read in conjunction with this [DISCLAIMER](#)

**What is the Role of General Movement Assessments?**

Observation of the quality of spontaneous movements (also known as general movements, GM) of preterm and term infants can provide information on likely future motor function, in particular cerebral palsy.<sup>[1,2]</sup> The results of brain MRI in ex-preterm infants at term age and GM assessment have been shown to have complementary roles<sup>[4]</sup>.

GMs display a developmental trajectory. The first stage is writhing GMs present in utero and up to 46 weeks PMA. These are characterized by small to moderate amplitude and slow to moderate speed movements, which are elliptical in form. Abnormal GMs in the writhing period are poor repertoire (PR), cramped synchronised (CS) and chaotic.

- PR movements are monotonous movements that do not appear complex.
- CS are rigid movements where the limbs and trunk contract and relax simultaneously.
- Chaotic movements are large amplitude movements of all limbs that occur in a chaotic order without fluency and smoothness.

The second stage occurs at about 6-9 weeks post term where the writhing pattern of GMs is replaced by the fidgety pattern of GMs. These are small movements in all directions of moderate speed and variable acceleration in neck trunk and limbs. They are continuously present in an awake infant, except during focussed attention or crying. Abnormal fidgety movements are either absent (F-) if never observed between 6-20 weeks post term or exaggerated (abnormal fidgety AF) with increased amplitude speed and jerkiness.<sup>[1]</sup>

From a recent review GMs were shown to have a high sensitivity between 83.3-100%.<sup>[5]</sup> The sensitivity improves with increasing age. Thus the GM assessment is very good at identifying the neonates who will have a normal outcome. The overall specificity is lower ranging in the recent review from 59-100%. Again the specificity improves with increasing age, probably due to the large number of neonates identified as having poor repertoire in the term age writhing GM period who subsequently normalize and have normal fidgety movements at 12 weeks of age. During the fidgety period specificity is reported to be between 82-100%. Thus normal GM at any age have a likelihood ratio (LR) for cerebral palsy - of 0.04; 95% confidence interval of 0.005-0.27, cramped synchronised GMs have a LR+ of 45; 95% confidence interval:6.4-321 and the absence of fidgety movements have LR of > 51.<sup>[5]</sup>

Early identification of those babies at increased risk of movement problems enables closer monitoring and earlier intervention. Having normal general movements in the face of an abnormal USS/MRI can also give some reassurance regarding normal motor outcomes.

### Potential Infants for GM Assessment

- Grade 3 or 4 IVH.
- Significant post haemorrhagic hydrocephalus.
- PVL.
- Significantly abnormal MRI (mod-severe WMA or mod-severe cerebellar abnormality).
- Significant neurological concern from Neonatal Team (e.g. meningitis with abnormal MRI).
- HIE stage 2 or 3.
- Other neonatal encephalopathy.

### How are General Movements Assessed

Parental consent forms are required to be completed before the each video. There is a parent information sheet available.

The assessment is by a video recording of an infant spontaneously moving. The video is recorded and reviewed away from the infant by staff members who have attended and passed the basic training course through the General Movement Trust.

- Writhing age GMs are assessed typically with an inpatient video ideally > 36 weeks (not essential). As the sensitivity and specificity is not as good at this age this step is not essential
  - Feedback to treating team within 1-2 weeks by GM assessors.
- Fidgety age GMs
  - Outpatient video at 3 months corrected age in physio playgroup could be offered.
  - Group review of video within 14 days and communication of assessment to Neonatal Consultant before 4 month corrected age clinic appointment.

### What does an Abnormal Assessment at 3 Months Mean?

- Absent fidgety movements at 12-16 weeks has a sensitivity 95-100% and specificity ~85% for cerebral palsy (in high risk populations). <sup>[4,5]</sup>
- Abnormal fidgety movements are rare and not as clearly predictive of motor development although concerning.

### Outcome of Abnormal Assessment at 3 Months Corrected Age (Absent Fidgety Movement)


- Consultant neonatologist outpatient review at 4 months corrected age (as normal).
- Further review with physio playgroup at 4 months (may repeat video).
- Referral for further services including early intervention (discuss with KEMH/PCH physiotherapist regarding best local options).

## Documentation and Storage of Videos

- The outcome of the assessment will be documented on the inpatient notes on MR Form (850.00).
- The videos will be stored on a password protected W: drive site (Neonatology/PMKE/general movements).

References and related external legislation, policies, and guidelines
<ol style="list-style-type: none"> <li>1. Prechtl HF, Einspieler C, Cioni G, Bos AF, Ferrari F, Sontheimer D. An early marker for neurological deficits after perinatal brain lesions. <i>Lancet</i>. 1997;349:1361-3.</li> <li>2. Spittle AJ, Doyle LW, Boyd RN. A systematic review of the clinimetric properties of neuromotor assessments for preterm infants during the first year of life. <i>Developmental medicine and child neurology</i>. 2008;50:254-66.</li> <li>3. Cioni G, Ferrari F, Einspieler C, Paolicelli PB, Barbani MT, Prechtl HF. Comparison between observation of spontaneous movements and neurologic examination in preterm infants. <i>The Journal of pediatrics</i>. 1997;130:704-11.</li> <li>4. Spittle AJ, Boyd RN, Inder TE, Doyle LW. Predicting motor development in very preterm infants at 12 months' corrected age: the role of qualitative magnetic resonance imaging and general movements assessments. <i>Pediatrics</i>. 2009;123:512-7.</li> </ol> <p>Noble Y and Boyd R Neonatal assessments for the preterm infant up to 4 months corrected age: a systematic review <i>Develop Med and Child Neurol</i> 2012 54:129-139</p>

This document can be made available in alternative formats on request for a person with a disability.

File Path:			
Document Owner:	Neonatology		
Reviewer / Team:	Neonatal Coordinating Group		
Date First Issued:	May 2016	Last Reviewed:	22 <sup>nd</sup> August 2019
Amendment Dates:		Next Review Date:	22 <sup>nd</sup> August 2022
Approved by:	Neonatal Coordinating Group	Date:	25 <sup>th</sup> September 2019
Endorsed by:	Neonatal Coordinating Group	Date:	25 <sup>th</sup> September 2019
Standards Applicable:	NSQHS Standards: 		
<b>Printed or personally saved electronic copies of this document are considered uncontrolled</b>			