



# COVID-19 in Western Australia

## The impact on mental health

Health and Wellbeing Surveillance System data collected during the COVID-19 period showed:

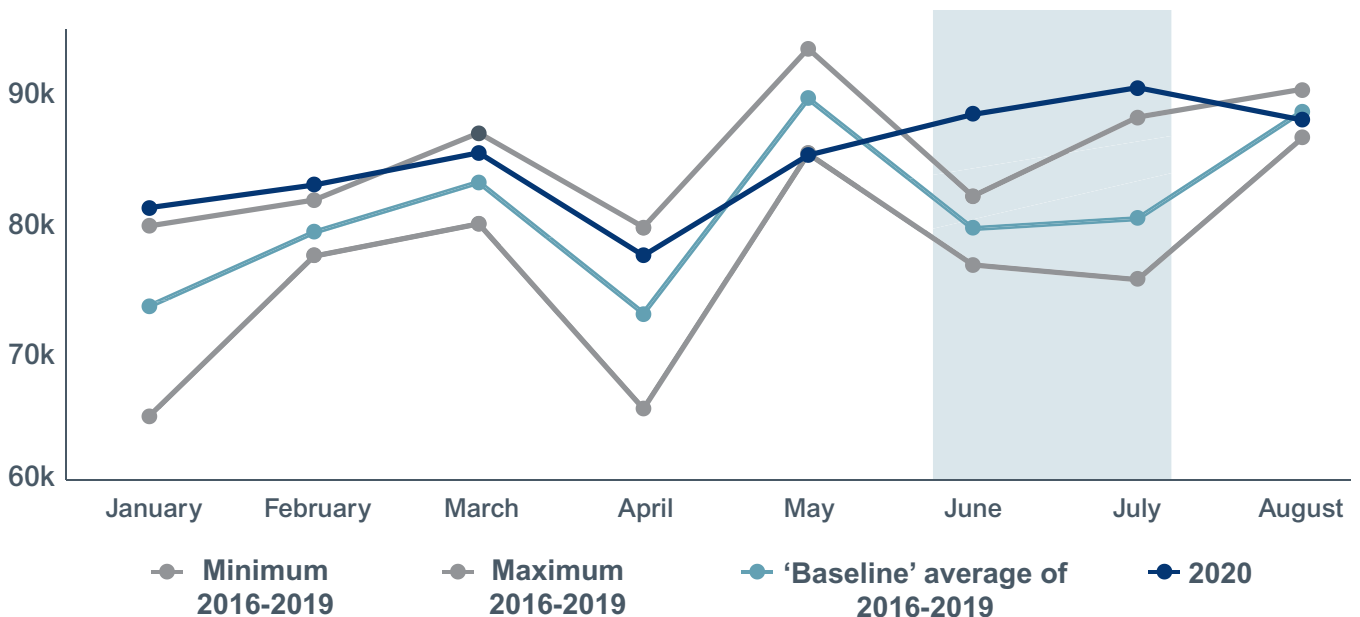


- No significant increase in:
- ✓ psychological distress
  - ✓ feelings of a lack of control compared with baseline



- 22%\*** were unable to work in their existing employment
- 35%** experienced a loss of income
- 44%** were very or fairly worried about the outbreak
- 44%** felt isolated from family and friends

### Community based mental health service use increased in June and July 2020 compared with baseline



### Aspects of COVID-19 that continue to influence mental health in WA:

- ✓ Successful control of community spread
- ✓ Easing of restrictions
- ✗ Job losses
- ✗ Income losses
- ✗ Persistence of COVID-19 globally

\*Survey estimate has a Relative Standard Error between 25%-50% and should be used with caution.