

Paediatric Acute Recognition and Response Observation Tool

Reference Chart

The PARROT Reference Chart provides acceptable parameters by age for quick reference. If observation falls within the coloured area, complete a full set of observations and refer to the PARROT chart for Early Warning Score Escalation or Paediatric Sepsis Pathway Trigger for action plan.

Score		E	3	2	1	0	1	2	3	E
Family/Clinician concern						No	Yes			
Respiratory distress						Nil	Mild	Mod	Severe	
Age < 3 month	Resp rate	≤20	21-25		26-30	31-60	61-65	66-74	≥75	
	Heart rate	≤70	71-90	91-100	101-110	111-160	161-170	171-179	≥180	
	Systolic BP	≤40	41-50	51-60	61-70	71-100	101-110	111-119	≥120	
Age 3-12 month	Resp rate	≤15		16-20	21-25	26-55	56-65	66-74	≥75	
	Heart rate	≤70	71-80	81-90	91-100	101-160	161-170	171-179	≥180	
	Systolic BP	≤50	51-60	61-70	71-75	76-120	121-125	126-129	≥130	
Age 1-4 years	Resp rate	≤10	11-15	16-20		21-40	41-50	51-54	≥55	
	Heart rate	≤60	61-70	71-80	81-90	91-140	141-160	161-169	≥170	
	Systolic BP	≤50	51-60	61-70	71-80	81-120	121-129		≥130	
Age 5-11 years	Resp rate	≤5	6-10	11-15		16-35	36-45	46-49	≥50	
	Heart rate	≤50	51-60	61-70	71-80	81-140	141-160	161-169	≥170	
	Systolic BP	≤50	51-60	61-70	71-80	81-120		121-129	≥130	
Age 12+ years	Resp rate	≤5		6-10	11-15	16-30	31-35	36-39	≥40	
	Heart rate	≤40	41-50		51-60	61-120	121-130	131-139	≥140	
	Systolic BP	≤60	61-70	71-80	81-90	91-150	151-170	171-190	191-199	≥200
SpO2%		≤85		86-88	89-91	≥92				
O2 Therapy (l/min)						≤2	>2-5	>5-10	≥10	
Capillary refill time						<2 sec	2-3 sec	≥4 sec		
Pain Scale						0-3	4-6	7-10		
Change in behaviour (<12 months)									Yes	
New Confusion (>1 year)									Yes	
Level of Consciousness (AVPU)						A	V		P	U
Temperature (°C)		Consider Sepsis ≤35.9				36.0-37.9		≥38.0 Consider Sepsis		