

Appendix 2: Percentage of mBMI (median BMI) for age & gender

GIRLS				
Age	Weight Restored 100%	Underweight 90%	Moderate risk 80%	High Concern ADMIT 70%
9	16.3	14.7	13.0	11.4
9.5	16.6	14.9	13.3	11.6
10	16.8	15.1	13.4	11.8
10.5	17.2	15.5	13.8	12.0
11	17.4	15.7	13.9	12.2
11.5	17.8	16.0	14.2	12.5
12	18.0	16.2	14.4	12.6
12.5	18.4	16.6	14.7	12.9
13	18.7	16.8	15.0	13.1
13.5	19.0	17.1	15.2	13.3
14	19.4	17.5	15.5	13.6
14.5	19.6	17.6	15.7	13.7
15	19.9	17.9	15.9	13.9
15.5	20.2	18.2	16.2	14.1
16	20.4	18.4	16.3	14.3
16.5	20.6	18.5	16.5	14.4
17	20.9	18.8	16.7	14.6
17.5	21.2	19.1	17.0	14.8
18	20.4	18.4	16.3	14.3

Note:

90% mBMI approximates to 10th percentile

80% mBMI is mid PEM 2

70% mBMI is mid PEM 3

60% mBMI is mid PEM 4