



# Nocturnal Enuresis (bedwetting) clinical referral form

## Patient details

Surname: \_\_\_\_\_ First name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_ Postcode: \_\_\_\_\_

Birth date (DD/MM/YYYY) \_\_\_\_\_ Sex: Male / Female Phone: \_\_\_\_\_

Next of kin: \_\_\_\_\_

Email: \_\_\_\_\_

- |   |                 |
|---|-----------------|
| 1. Is the enuresis primary (i.e. never dry) or secondary in nature? | <b>Yes / No</b> |
| 2. Are there any of the following features?                         |                 |
| a. Day time wetting and/or frequency and/or urgency                 | <b>Yes / No</b> |
| b. Continuous dribbling   | <b>Yes / No</b> |
| c. Poor urinary stream in male                                      | <b>Yes / No</b> |
| d. Dysuria (painful or difficult urination)                         | <b>Yes / No</b> |
| e. Backache   | <b>Yes / No</b> |
| f. Excessive thirst (waking at night to drink)                      | <b>Yes / No</b> |
| g. Recent onset of polyuria   | <b>Yes / No</b> |
| h. Unexplained fever  | <b>Yes / No</b> |
| i. Constipation, faecal incontinence or soiling                     | <b>Yes / No</b> |

**If the child has any of these symptoms, then they must be referred to a Consultant Paediatrician for review before they can be waitlisted and offered treatment with the Continence/Enuresis Service.**

Child reviewed and treated by Consultant? **Yes / No**

3. Is the child's growth normal? Height: \_\_\_\_\_ Weight: \_\_\_\_\_ **Yes / No**

4. Are there associated significant emotional/medical problems?  
\_\_\_\_\_

5. On examination:  
    a. Blood pressure \_\_\_\_\_  
    b. Abdominal pressure \_\_\_\_\_  
    c. Perineal examination \_\_\_\_\_

6. Results of urinalysis or urine culture: \_\_\_\_\_

7. Interpreter required: **Yes / No** Language: \_\_\_\_\_

8. Does this child have features that concern you which require the assessment of a Consultant Paediatrician at PCH?  
**Yes / No**

9. If the reply to question 8 is **no**, the child will be referred directly to the Enuresis Clinic Nurse.

Referring Doctor's name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Date: (DD/MM/YYYY) \_\_\_\_\_ Signature: \_\_\_\_\_

**Return to Central Referral Service:** P 1300 365 056, F 1300 365 056 or [online](#)

