



Cirbadaha insulinta

1



Saxada gacanta

2



Diyaari cirbada

3



Hubi magaca insulinta iyo taariikhda uu dhacayo

4



Nadiifi afka hore

5



Garaac 2 oo iska tuur insulinta

6



Garaac qiyaasta

7



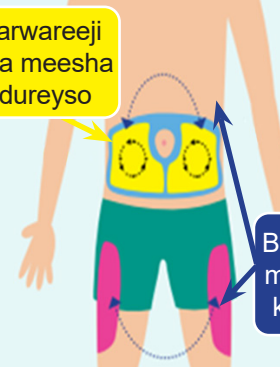
Ku dur oo hay ilaa 10 ilbiriqsi (seconds)

8



Saar dabool cirbadda oo fur.
Ku rid caarada qashinka.

Ku warwareeji
gudaha meesha
aad dureyso



Bedel marba
meesha aad
ka dureyso



Iskaan garee QR koodhkawixii
faahfaahin dheeraad ah ee ku
saabsan cirbadaha insulinta

Waxaa soo saaray: Sonkorowga (Diabetes) iyo xubnaha jirka ee sameeya hoormoonka (Endocrinology). Tixraac: 1632 © CAHS 2023
Dukumeentigan waxaa lagu heli karaa qaabab kale hadii loo codsado qof naafo ah.
Cudurdaar: Daabacaadan waxaa loogu talagalay in loo isticmaalo waxbarasho guud iyo in macluumaad guud laga helo.
La xidhiidh xirfadle daryeel caafimaad wixii talo caafimaad ah ee loo baahdo.
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