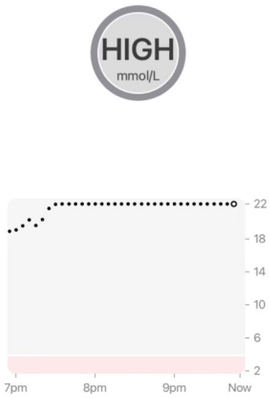
Government of **Western Australia**
Child and Adolescent Health Service

Perth **Children's** Hospital

Marka loo baahan yahay inaad baarto ketones (aashitada jidhkaaga uu sameeyo marka uu burburiyo fat ka si ay tamar u noqdaan)

1



Ma dareemaysaa inaad xanuunsan tahay **AMA** Heerka sonkorta (glucose) ee ka sarreysa 15

2

Hubi ketones ka dhiiga

3

Haddii ketones ka

↑ UU KA SAREEYO 0.6

- Raac hagaha maaraynta Maalinta Jirrada
- Insuliin dheeraad ah ayaa loo baahan karaa
- Haddi aadan hubin wac kalkaalisada si aad u hesho talo 6456 1111 (opt.2)

3

Haddii ketones ka

↓ UU KA HOOSEEYO 0.6

- Sii joogteey inaad la socoto sonkorta dhiiga (blood glucose)
- Ka feker saxida insulinta

4

- Hubi gulukooska dhiigga iyo ketones 2-dii saacadoodba mar ilaa ay ketones ka saxmayaan
- Cab biyo si jidhkaaga uu u helo qoyaan

Waxaa soo saaray: Sonkorowga (Diabetes) iyo xubnaha jirka ee sameeya hoormoonka (Endocrinology). Tixraac: 1634 © CAHS 2023
Dukumeentigan waxaa lagu heli karaa qaabab kale hadiiloo codsado qof naafo ah.

Cudurdaar: Daabacaadan waxaa loogu talagalay in loo isticmaalo waxbarasho guud iyo in macluumaad guud laga helo.
La xidhiidh xirfadle daryeel caafimaad wixii talo caafimaad ah ee loo baahdo.
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