

# Good medicine

## Kids and medicine

### Before coming to hospital

Make sure you bring your kid's medicines and their medicines list to hospital.

### At hospital

If you or your kid need health or wellbeing support ask to be connected to an Aboriginal Liaison Officer (ALO).

### During your stay

Yarn with the pharmacist, ask any questions about your kid's medicines.

### Leaving hospital

When leaving hospital make sure you have a new list of your kid's medicines.

### Back home

Any questions? Call PCH Pharmacy Medicines Information on 6456 0190 or your health clinic.

**Always call 000 in an emergency.**

### Questions you may have

It's normal to have some questions when your kid is given medicine at the hospital. If you're not sure about something, just ask. The doctors, nurses, pharmacists and other hospital workers are here to help you and your kid.

Here are some questions you may want to ask:

- Can I see an Aboriginal Liaison Officer?
- Can I get an interpreter?
- How will this medicine help my kid?
- When do I give the medicine?
- Are there any side effects?
- How do I store the medicine?
- Is it OK to take with other medicines, food or drink?
- What if we miss a dose?

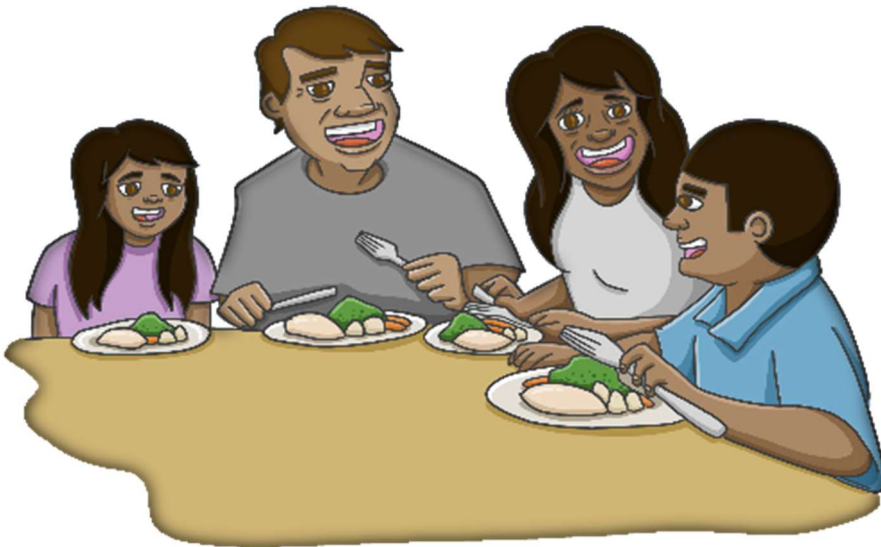


## Staying healthy and safe

Medicines can help your kid get better after they've been sick or hurt. They can also help to stop your kid getting sick.

Medicines are one part of staying healthy. There are other things you can do to help your kid stay well:

- Regular check-ups for your kid
- Staying active and healthy eating are important
- Take a list of your kid's medicines with you to all check-ups and health appointments
- Keep medicines in a cool, dry place, out of kids' reach
- Check expiry date of medicine
- If medicine is out of date take it to the pharmacy or doctor.



Government of Western Australia  
Child and Adolescent Health Service



### Child and Adolescent Health Service

15 Hospital Avenue, Nedlands, WA, 6009.

Telephone: (08) 6456 2222

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