



### Keeping our mob healthy

# Vaccines Influenza (flu)

#### What is influenza (flu)?

Influenza, or "the flu", is caused by a virus that affects the nose, throat and lungs and can easily spread within families, schools, day care and the community.

### Symptoms of the flu:





Fever



Headache, muscle aches, tiredness



Cough or noisy breathing



Sore throat and runny nose



Nausea and vomiting

Diarrhoea



Loss of appetite or poor feeding



Irritability



### How serious is the flu for children?

- 1 in 3 children who catch the flu go to hospital.
- The influenza virus strains changes every year -that's why having the flu vaccine each year is important.

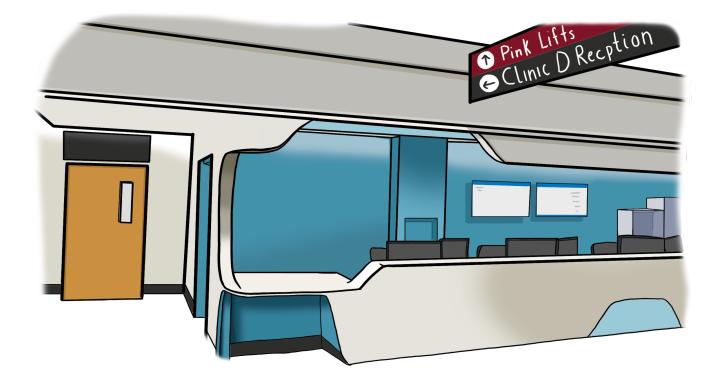
#### Good to know

- To build bubs immunity they should have the yearly flu vaccine from 6 months of age.
- Visit www.aefican.org.au or www.ausvaxsafety.org.au for vaccine safety monitoring information on WA immunisations.
- You can check out the Healthy WA website at ww2.health.wa.gov.au for more vaccine information.

# The flu vaccine is FREE for Aboriginal and Torres Strait Islander people, from 6 months of age onwards.

#### Where get the flu vaccine?

Visit the PCH Stan Perron Immunisation Centre, Level 1, Clinic D, from 8.30am to 4.00pm. If you have any questions please call **6456 3742**.





Government of Western Australia Child and Adolescent Health Service

This document can be made available in alternative formats on request for a person with a disability.

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