

Why is deadly tucker important for children after a burn?

Keeping our mob healthy

Eating deadly tucker reduces the risk of infection and helps wounds and sores heal faster. It is important for your child to have good tucker or their wounds may not heal well.

Why your child might not be hungry?

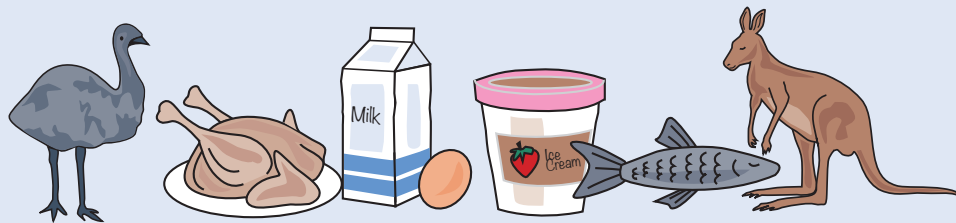
- Tired from the medicine
- Feeling sick, sore or itching
- In a different place with different food



Helping your child to eat and drink

- Don't let your child fill up on drinks
- Small amounts of deadly food during the day helps
- It helps your child if you eat healthy tucker too
- Praise your child for trying to eat well... "Deadly eating!"
- Give them healthy food like the foods below

Deadly protein foods:



Deadly energy foods:



Any questions? Ask one of your nurses or phone (08) 6456 3630.



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