

Sepsis in Zawt Hnu

Sepsis – zeidah a si?

Sepsis timi cu pum chungah zawtnak rungrul a um cangmi kha a por tikah a cangmi a si. Pum nih rungrul a doh tikah a mahlemah tu aa doh tikah a chuak i taksa rawhnak le chungril rawhnak tiang a chuahpi khawh. Nunnak tiang a dihter khotu laakhruak zawtnak a si i a ran khawh chung in thlopbulh a haumi a si.



Sepsis kong he pehtlai in tamdeuh hngalh na duh ahcun **QR code kha scan** tuah asiloah <https://pch.health.wa.gov.au/For-patients-and-visitors/Sepsis> zoh.

Na fa sepsis zawtnak thlopbulh hnu siizung in a chuah tikah

Sepsis in a zawmi hna intuarning cu aadang cio. Ngakchia le an chungkhar siizung in an tin hnuah atanglei bantu in bawmh an herh than kho rih:

- Siibawi, sii saya/mah, pum cawlcanghnak lei thiamsang, biachim cawnpiaktu thiamsang, eidin lei thiamsang, riantuannak le thiamsang le lungthin lei thlopbulhnak petu thiamsang tibantuk pawl he (a leng mizaw) in izohter zong a hau kho.
- Sii pehtein din. Mah ahkhan rungrul thahnak sii (antibiotics) din asiloah rawn, fah damnak sii din asiloah adang sii din tibantuk zong a hau kho. A herh ahcun, Siizung nih Inn Ah Zohnak riantuantu pawl nih na inn ah nifatin an ra lai i na fa kha rungrul thahnak sii an rawnh lai. Sii in thlopbulhnak zeican a rauh lai le sii a dih tikah khuaika laak a si lai tibantuk pawl kha siizung in na tin hlanah an in chimh lai.
- A cheu ngakchia pawl cu an hma kha tawl piak lengmang zong an hau kho. A herh ahcun, sii saya/mah na inn ah a ra tawn lai i a hma a tawl piak lai.
- A cheu ngakchia pawl cu hlanlio bantu khan an dam ti lai lo zeicahtiah zungzal tlamtlinlonak an ngeih cang ruangah. Na pawngkam i ngandamnak zohkhenhtu bu pawl sin in bawmhnak caan sau nan laak a hau lai. Siizung in nan tin hlanah an in tawlrel piak lai.
- A cheu ngakchia pawl cu inn an phak tikah an thangzaang a der lai, an ba lai i tha ngei lo in an um lai. A sullam cu inn ah an idinh a hau lai tinak a si.

A cheu ngakchia pawl cu caan saudeuh pum, lungthin le thanchonak harnak an tong lai i mah kha sepsis zawt hnu ah tonmi tiah hngalh a si. Zeiruangah ngakchia pawl nih mah an ton timi kan hlathlai lio a si.

Sepsis in zawt hnuah ton khawhmi pawl cu:

- lufah asiloah adang fah
- kathawt ning ithlen

- voidangnak in thabat deuh
- ihning ithlen asiloah ihngilh khawh lo
- tha (muscles) der
- ziaza thlen
- lung bunh iharh
- ngandam thlopbulhnak asiloah sii lei thiamsang pawl tih.

Chungkhar pawl zong an fa sepsis in siizung a umnak nih thinlung hma a pek khawh hna. Mah kha thla tlawmpal hnu lawngah a lang kho i hawikom, chungkhar asiloah thiamsang pawl sin in bawmhnak an hau kho.

PCH ah Sepsis in Zawt Hnu Izohkhenhnak

Nangmah le na chungkhar bawmhnak ah PCH in riantuantu pakhatkhat nih pehtlainnak an tuah lai. Siizung in nan tin hnuah an mah kha an cawngghramtu an si lai. Siizung nan tin hnuah na fa a damning ngiatnak le nangmah le na fa bawmhnak caah Telehealth (muilang telephone in a lang mizaw zohnak) appointment thla thum voikhat an in tuah piak lai. Appointment hlanah na fa zeidah a lawh timi biahalnak SMS in cakuatnak an in tuah lai.

Ka fa nih sepsis a ngei kho than maw?

Ngakchia tamdeuh cu sepsis an ngei tthan ti lai lo, sihmanhsehlaw an ngeih khawh thannak tlawmpal te a um. Ngakchia nih zawtnak rungrul a pum chungah a luh khawhnak ding a tamdeuh. Zeicahtiah sepsis ruangah khan a pum nih zawtnak a kham khawhnak aathlen caah a si.

Na fa kha a sining lengin a zaw tiah na ruah ahcun, na lungthin kha zum law, a rannak in thlopbulhnak laa law ngandamnak an zohkhenhtu pawl kha na fa nih hlanlio ah sepsis a ngeih bal tiah chim hna.

Hmailei ah sepsis zawtnak khamnak caah ka tuah khawhmi pawl

- Thianghlim tein um, tahchunhnak ah chaphiat le ti in kut tawl.
- Na fa kakuaisii kha caan hman tein chunh ter.
- Rungrul sehnak le taksa khawnnak kha thatein cawngghram; an dam hlei lo asiloah an sen, an thah le phin ahcun na chungkhar siibawi sinah kal.
- A sianginn, chungkhar siibawi , ngakchia sii saya/mah le ngandam thlopbulhnak a petu pawl kha na fa nih sepsis a ngeih bal tiah chim hna.
- Hmelchunhnak pawl kha thei hna, na lungthin kha zum. Na fa kong nangmah nih na hngalh bik. A sining lengin a zaw tiah na ruah ahcun, thlopbulhnak a rannak in laa, 'sepsis a si kho hnga maw?' ti zong hal hna. Tuante thlopbulh laaknak nih nunnak a khamh khawh.

Santlaimi pehtlainnak pawl

- Bawmhnak na herh asiloah na fa siizung a um hnuin na fa kong ah na thinphan i laakhruak thil har tonmi (emergency) a si lo ahcun zaangfahnak in CAHS Sepsis

Program kha (pch.sepsis@health.wa.gov.au) ah pehtlainnak tuah hna. Asiloah na chungkhar siibawi asiloah a hnu i a leng mizaw in appointment na ngeih tikah na thinphannak kong kha chim hna.

- Na fa nih sii a dinmi kongah tamdeuh hngalh na duh ahcun PCH i siilei hngalhnak petu pawl kha (PCH.PharmacyMedicinesInformationService@health.wa.gov.au) ah pehtlainnak tuah hna. Siilei thiamsang (pharmacist) nih riantuan ni nikhat chungah leh khawh an zuam lai. **A rannak in leh na duh ahcun 08 6456 0190 ah zaangfahnak in chawn law option 1 kha thim.** Mah bawmhnak cu Nikhatni in Ningani zinglei 8:30 in zanlei 5:00 tiang hun a si i na fa sii dinmi kong he pehtlaini na halmi pawl kha siilei thiamsang pawl nih lunglawmtein an in leh lai.
- Asiloahcun na sang i ummi siilei thiamsang, na chungkhar siibawi, CAHS sepsis program asiloah siizung in chuahnak an timhtuah piaktu pawl kha hal hna.
- Sepsis zawtnak hmelchunhnak le sining pawl tamdeuh hngalh na duh ahcun zaangfahnak in <https://pch.health.wa.gov.au/For-patients-and-visitors/Sepsis> ah zoh asiloah a cung i ummi QR Code kha scan tuah.



Government of Western Australia
Child and Adolescent Health Service



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Mah ca hi mitlamtlinglo pawl nih an herh ning in an rel khawhnak ding asiloah hngalh khawh ding in in chuah piak khawh a si.

Hngalhternak: Mah ca hi fim chimhnak le hngalhternak caah kan chuahmi a si. Siilei ruahnak hal na duh ahcun siilei a thiammi sinah pehtlai law ruahnak hal.

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