

Post-strep kidney sickness treatment

What is APSGN and how is it caused?



Streptococci
(chain)

**Bacteria
(Group A Strep)**



**Skin sores
(School sores)**



Sore Throat



**Causes kidney
inflammation**

Also known as *Post-Streptococcal Glo-merulo-nephritis (PSGN)*

Your kidneys keep your body healthy. Sometimes after you've had a sore throat, skin sores or other germs, your kidneys can get sick. This has happened to your child and doctors call it *Post-Streptococcal Glo-merulo-nephritis (PSGN)*.

The sick kidneys usually get better by themselves, but sometimes this takes a while so a doctor or nurse will keep a watch on this.

Please make sure you follow doctor's advice below:

What can you do to help?

- Make sure you give them the medicines for their kidneys or infection.
- Don't let them eat too much salty food.
- Check with the doctor how much water your child should drink.
- Wash their hands and keep their skin clean.
- Make sure you go to doctors' appointments, so they can make sure your child's kidneys are not getting sicker.
- If your child is feeling or looking sick, go to the hospital or Aboriginal medical service as soon as possible.



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Child and Adolescent Health Service



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