

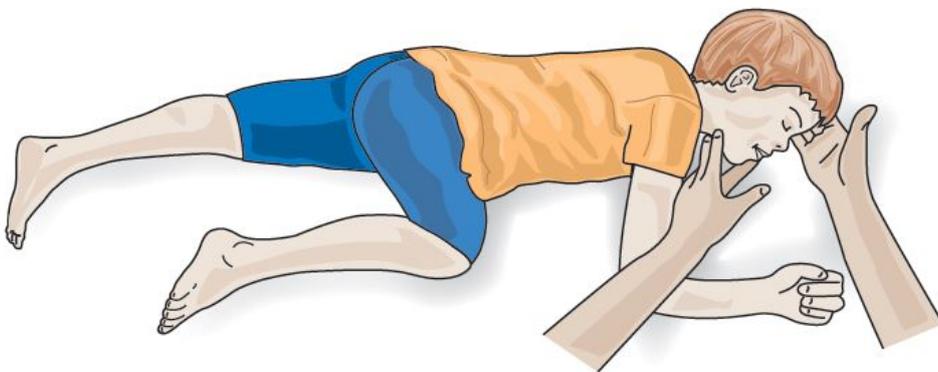
First Aid Seizure Management Plan

Convulsive seizure = Uncontrolled jerking of limbs and body with or without loss of consciousness

1. Note time of onset, duration and a brief description of the seizure.

2. First Aid

- Keep calm
- Don't try to restrain the child's movements, remove objects that can cause harm
- Do not insert fingers/objects into the child's mouth
- Gently roll onto their side (recovery position) as soon as possible
- If the child stops breathing or turns blue at any stage call **000** for an ambulance



If the convulsive seizure lasts longer than **five** minutes, call **000** for an Ambulance

Stay with the child at all times and continue to monitor breathing and colour until the ambulance arrives.



Rescue medication for prolonged convulsive seizures (longer than five minutes)

Buccal Midazolam

Give the dose as advised by your doctor

.....mg (.....drops)

Use only 1 mL **plastic** ampoules containing **5 mg** of **Midazolam** (although the plastic ampoules are labelled 'for slow IV or IM injection', they can be used for buccal use).

Buccal Midazolam can be given by either:

Squeezing drops from the ampoule directly onto the inside gums (buccal mucosa) or drawing the Midazolam up in a syringe and trickling drops onto the inside gums (buccal mucosa)

Do **not** use any Midazolam in glass ampoules.

Patient's name (or attach sticker):

Date of birth:

Doctor's signature:

Print name:

Date:



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