

Wound care discharge advice

Pain control

- Give paracetamol or ibuprofen for pain if required, as per manufacturer's instructions.
- Next dose of paracetamol can be given at _____.
- Next dose of ibuprofen can be given at _____.
- **Do not give medicine containing paracetamol more than four times in 24 hours.**
- **Do not give medicine containing ibuprofen more than three times in 24 hours.**

Directions

- Following your operation, the wound may ooze slightly. This is normal.
- If bleeding continues, seek medical advice.
- Seek medical advice if the area where your child's intravenous catheter was put in has increasing redness, swelling or pain.

Signs of infection

Observe for signs of infection including:

- Fever within 48 hours of the surgery
- Redness
- Swelling
- Increase in pain
- Excessive or persistent ooze
- Pus or smelly discharge
- If at all concerned seek medical advice.

Daily activity

- Bath or shower as instructed _____.
- Avoid active play such as bike riding and skateboarding and dirty play areas such as sandpits.
- No sport until _____.
- May swim after review.

Contact details

If you have any concerns after your child's discharge from hospital, please phone 6456 2222 and ask for the Surgical Short Stay Unit between 7am and 9pm, Monday to Friday. After these hours ask for Ward _____ or contact your GP.

To cancel or change your appointment, or if you've forgotten your appointment details, please call Outpatient Direct on 1300 855 275.



Government of **Western Australia**
Child and Adolescent Health Service

15 Hospital Avenue, Nedlands, WA, 6009
Telephone: (08) 6456 2222
Produced by Surgical Short Stay Unit
Ref: 138 © CAHS 2017 rev 2020



Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.
© State of Western Australia, Child and Adolescent Health Service