



Keeping our mob healthy

Albendazole (Al- ben- da- zole)

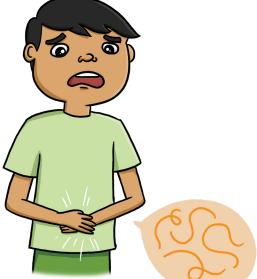
What is albendazole used for?

Albendazole is used to treat infections caused by worms (parasites), such as roundworm, threadworm, and hookworm. It works by stopping the worm from getting sugar (glucose), causing it to lose energy and die.

If these infections are not treated, they can lead to weight loss and other more serious health issues.

How to use this medication?

- Your doctor will let you know how many tablets to take.
- The tablets are chewable.
- The tablets should be taken when your stomach is empty (either half an hour before eating OR 2 hours after eating). This will allow the medicines to stay in the stomach where it will kill the worms.
- Albendazole medicine is given as a ONCE only dose. Your doctor might recommend repeating the dose in 6 months.



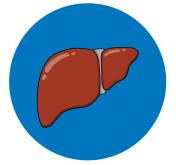
Let your doctor know if:



You are pregnant or breastfeeding



You are taking other medicines including herbal medicines



You have had liver problems



You have had an allergic reaction to a medicine



Common side effects:



Diarrhoea, abdominal pain

Upset stomach, nausea

Vomiting

Headache and dizziness

Stopping the spread of worms (parasites):

- Avoid walking around barefoot in places where hookworm is common such as remote communities and campsites where there are no toilets.
- ALWAYS wash fruits and vegetables before eating.
- ALWAYS wash your hands, especially before eating, to prevent the spread of infection.
- Keep your child's fingernails short to stop them from scratching and spreading the worms.
- Wash all sleepwear, towels, bed sheets, rugs, pillowcases, bedspreads/ doonas, and thoroughly sweep, mop and or vacuum the house.

Important to remember:

Keep all medicines out of reach and out of sight of children. Keep medicines in a cool, dry place If **swallowed** call Poisons Centre on 13 11 26 or go to the **Emergency Department**. Show them the container of what you're taking.



To dispose of **out-of-date** or **unwanted** medicines take them to a pharmacy.



Government of Western Australia Child and Adolescent Health Service



This document can be made available in alternative formats on request for a person with a disability.

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