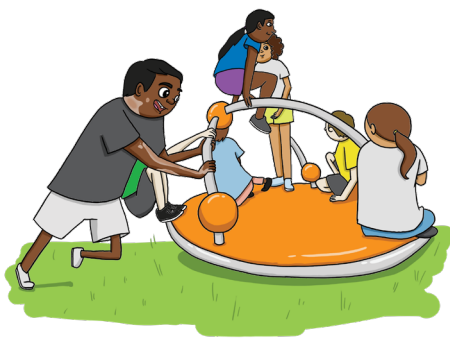




Bub's burn scars



It's important that family and friends are careful with when talking about bub's scars. Bub may hear and feel shame about the scars. Seeing their burn scars may bring back memories about when the burn happened, dressing changes or feelings. Burn scars can also show how strong bub has been.

Bub may need help:

- When people stare or ask questions about what happened.
- With how to answer

questions or to let people know they don't want to talk.

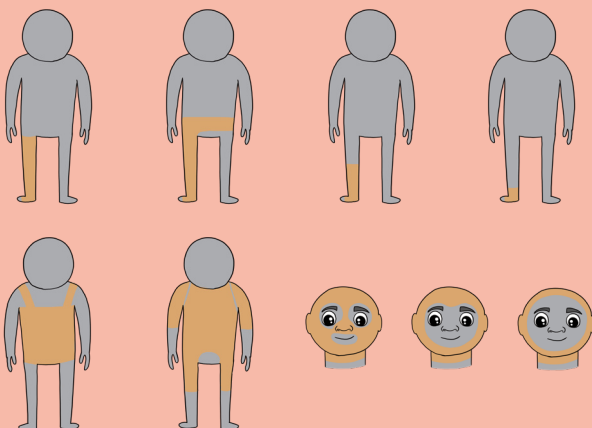
- Talking about their feelings. Ask bub "Are you ok?", listen to them, let them know it's ok to feel that way.
- If bub is being **bullied**, you may need to yarn with the school.
- Helping bub look after their scars.



Helping bub look after their scars

Remember that scars improve over time but may not go away fully

Wear pressure garments to help the scars heal



Laser treatment helps



Keep the sun from damaging the burns scar:

- use sunscreen
- wear long sleeved clothes
- stay in the shade.



Massage the scars to help the skin heal





Government of **Western Australia**
Child and Adolescent Health Service

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formats on request for a person with a disability.**

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