

## Nystatin oral liquid

(Nie- stat- in)

### What is nystatin used for?

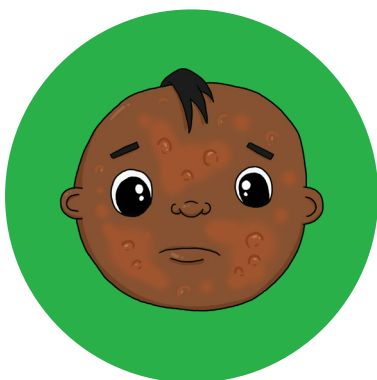
Nystatin oral liquid is a medicine that treats fungal or yeast infections in your mouth, like thrush. This medicine is a liquid that you take by mouth.

If thrush is **not treated**, it can get worse and spread into the throat and gut and **make you very sick**.

### How to use this medication?

- Your doctor will let you know how much and how many times a day to take the nystatin medicine.
- It is **very important** to continue taking the nystatin medicine for as long as the doctor says. This will help to stop the infection from coming back.
- It is best to use the nystatin medicine **AFTER** eating or drinking.
- Swish the nystatin medicine around in your mouth for as long as you can, before swallowing.

### Let your doctor know if:



You have had an allergic reaction to a medicine



You are taking other medicines including herbal medicines

## How to prevent oral thrush:

- Brush your child's teeth twice a day.
- Do not use alcohol-based mouthwashes (such as Listerine®) because they will reduce the number of 'good' bugs in the mouth. When there aren't enough good bugs in our mouths, bad bugs can grow and make us sick.
- If your child uses a preventative asthma puffer (inhaled corticosteroid), encourage them to always rinse their mouth with water after each use.
- Drink water and avoid drinking sugary drinks.

## Common side effects:



Nausea and vomiting



Gastrointestinal upset



Diarrhoea

## Important to remember:

Keep all medicines out of reach and out of sight of children. Keep medicines in a cool, dry place

If **swallowed** call Poisons Centre on 13 11 26 or go to the **Emergency Department**. Show them the container of what you're taking.



To dispose of **out-of-date** or **unwanted** medicines take them to a pharmacy.



Government of Western Australia  
Child and Adolescent Health Service



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