



Testing my lung function

Produced by: Sleep and Respiratory clinic. Ref: 1951. This document can be made available in alternative formats on request for people with disability.

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1



I want to be healthy so
I am going to have a
breathing test.

2



I am coming to Perth
Children's Hospital for this.

3



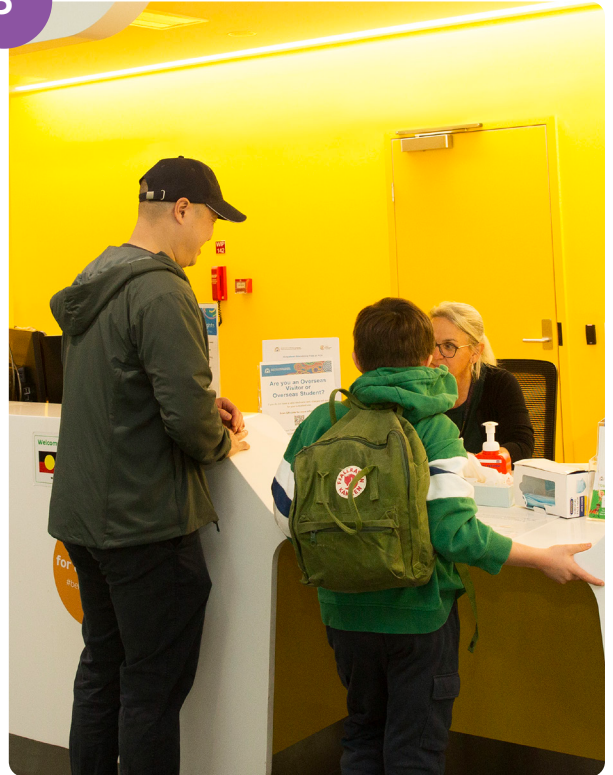
I am packing some of my
favourite things.

4



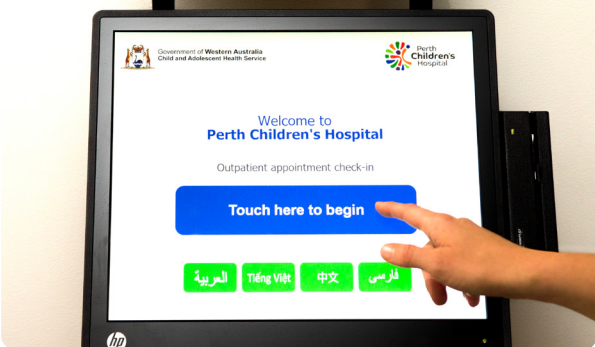
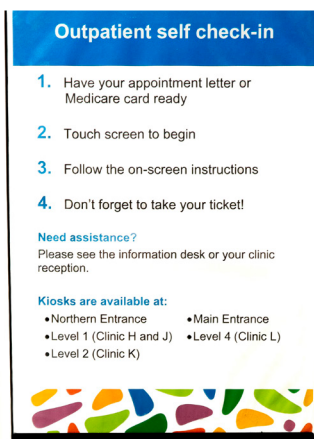
From ground floor,
I take the pink lifts to the
1st floor.

5



Next, I walk to clinic F.

6



I use the check in machine.

7



I may need to wait to
be seen by the
breathing scientist.

8



My number will be called on the screen.

9



Next, I go to the breathing lab and meet my friendly helper.

10



My helper will measure my height and weight.

11



Then I wash my hands.

12



My breathing scientist will show me my mouth piece and nose peg that I will use for my breathing tests.

13



My breathing scientist will guide me to do breathing tests.

14



I might need to use different machines. I will need to repeat this a few times so the scientist can get the test right.

15



I can take a break when I need so I can feel comfortable. The scientist will help me and can show me how to do it.

16



If the scientist gives me a puffer, then I need to pause.

17



Next, I will wait for 20 minutes. Sometimes the puffer can make my heartbeat fast and I may feel shaky. This is normal and I am safe.

18



Then I will try my breathing tests again.

19



The appointment is finished. I say goodbye and it's time to go home.